

Valuable Resources

[Weitzman Institute: Pain and Opioid Education and Support](#)

[Safe Prescribing Guidelines](#)

[Medication Disposal Locations](#)

[CHCF Issue Brief: MAT for Opioid Use Disorder overcoming objections](#)

[Paid training opportunity for individuals to become certified drug and alcohol counselors](#)

[Humboldt County SUD Treatment Options](#)

[The Connection Calendar of Free Weekly Classes](#)

[Our Pathways to Health Workshops](#)

Upcoming Events

Rx Safe Humboldt Coalition Meeting
Friday Sept 27th at 8:30 am
at Hospice of Humboldt

Panel Discussion
The intersection of chronic pain, opioid medication tapering and suicide risk.
Tuesday, Sept. 24th noon - 1:30 pm
Hospice of Humboldt
For more information email
bwells@co.humboldt.ca.us

The Service Provider Roundtable
November 7th, 2019 from 8am-2:30pm
in Fortuna. [Click here to register](#)

Save the Dates
November 21, 2019 town hall meeting
with Dr. Nadine Burke Harris.

Important Message Regarding Fentanyl Related Overdose Deaths

Attention Healthcare Providers, Hospital, Clinic Administrators and other healthcare professionals:

Please see the [Public Health Warning from the Santa Clara County District Attorney](#). While this report originated in Santa Clara County, we are encouraging healthcare providers to be mindful of these kinds of products. Humboldt County has seen an increase in fentanyl related overdose deaths this year and we are encouraging Humboldt County clinicians to



- Counsel patients to avoid purchasing drugs on the street
- Warn patients of possible fentanyl contamination
- Refer patients who need addiction treatment
- Provide or prescribe naloxone for patients
- See Rxsafehumboldt.org for more information regarding local resources and support

Don't Drop Your Patients

The California Department of Public Health, in collaboration with the Statewide Opioid Safety (SOS) Workgroup, is releasing a health alert titled [*Don't Drop Your Patients*](#), a letter from the Acting State Public Health Officer Dr. Charity Dean. The purpose of this health alert is to provide information and resources to assist health care prescribers with treating patients that may be opioid dependent or struggling with possible substance addiction symptoms.

- [Don't Drop Your Patients Letter](#)
- [Responding to a Fentanyl Overdose: What CA First Responders Need to Know](#)

The letter and related resource sheet can also be found on the SOS Workgroup website:

<https://www.cdph.ca.gov/Pages/News-and-Data.aspx>.

California 2018 Opioid Data

743* Fentanyl related overdose deaths	72% Increase from 2017
2,311* Overdose deaths related to Any Opioid	5% Increase from 2017
8,832 Any Opioid related overdose emergency department visits	6% Increase from 2017
19,808,224 Opioid Prescriptions dispensed	9% Decrease from 2017

*Preliminary 2018 Death Data

Source: California Opioid Overdose Surveillance Dashboard (CA Dashboard)
Visit the CA Dashboard at <https://www.cdph.ca.gov/opioiddashboard> for more data, including trends over time, at both the state and county level.

Important updates and Information from the Humboldt Community Health Trust (ACH)

- The California Alliance for Prevention Funding will be in Humboldt on October 25th from 9:30-1:00 pm to discuss plans for a state wellness trust and reinvestment of funds back into California Counties for prevention efforts. The ACH will be a cosponsor of the event. The CAPF for additional information or to register, please use this link: <https://www.ca-allianceforpreventionfunding.org/event-details/humboldt-county-convening>
- The Department of Health Care Services is seeking applicants for the CalAim Workgroups. California Advancing and Innovating Medi-Cal (CalAIM) is a multi-year initiative by the Department of Health Care Services (DHCS) to implement overarching policy changes across all Medi-Cal delivery systems with the objective of: 1) Reducing variation and complexity across the delivery system; 2) Identifying and managing member risk and need through population health management strategies; and 3) Improving quality outcomes and drive delivery system transformation through value-based initiatives and payment reform. More information on CalAim and the workgroups can be found here: <https://www.dhcs.ca.gov/calaim> Applications are due 9/27.
- The California Department of Housing is looking for Californians to share their thoughts on the housing needs and challenges in their communities. They currently have a survey open for input. This will help identify priorities about where to focus housing and community resources. They are particularly hoping to hear from rural communities. The survey is accessible here: <https://www.surveymonkey.com/r/S72S3BK>

Upcoming Webinars

Overcoming Stigma in Treating Opioid Use Disorder

Wednesday September 25th at 1:00pm

Stigma is a major barrier to treating opioid use disorder. Clients suffer self-stigma, which prevents them from reaching out for help or from using Medication Assisted Treatment. Providers, meanwhile, are prone to social stigma, which leads to judging clients negatively for their supposed lack of will or commitment to recovery. In this webinar, speakers will define how stigma and the associated bias can hinder patients from receiving treatment for opioid use disorder. Speakers will demonstrate the crucial role that empathy can play in client engagement and treatment retention, and also provide case studies that illustrate specific ways to reduce stigma and provide more effective addiction treatment.

Register Now



NATIONAL ACADEMY OF MEDICINE

Leadership • Innovation • Impact | *for a healthier future*

Tapering Guidance for Opioids Existing Best Practices and Evidence Standards

The National Academy of Medicine Webinar

Click to View!

More than 1 in 10 
American adults experience chronic pain

>> Chronic pain is defined as pain that lasts >3 months



Academic Detailing

Our team of opioid and chronic pain academic detailers have been making the rounds all over Humboldt County to support physicians. Our curriculum spans topics such as: Informed consent, Assessments, Prescription Drug Monitoring Program (CURES), Naloxone, and Opioid Use Disorder

Management. We are available to meet one-on-one or in a group setting like an all-staff meeting. We tailor our discussion to fit the time you have available, from 15 minutes to 1 hour, we are willing to meet you where you are at.

If you or someone you know is interested in talking with our team of academic detailers, please contact Dr. Mary Meengs by [email](#).

Rx Safe Humboldt and the **Humboldt Community Health Trust** are teaming up to bring you the most up to date news and information regarding Opioids and other Substance Abuse issues. This comprehensive newsletter will also highlight some of the work that both of these groups are doing across Humboldt County and the North Coast.

If you would like to submit information for this newsletter or have questions about the Humboldt Community Health Trust or Rx Safe Humboldt please contact Rosemary DenOuden at

rdenouden@humboldtipa.com or Jessica Osborne-Stafsnes at josborne@nchiin.org

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