



October 6, 2020

Issue 18

Valuable Resources

[Humboldt Healthcast Podcast](#)

[Medication Disposal Locations](#)

[Humboldt County Treatment Options](#)

[Where to get Naloxone](#)

Upcoming Events

[2020 Humboldt County Virtual Opioid Safety Summit Series](#)

[The week of October 19th](#)

[Detailed Agenda](#)

[Register Here](#)

We're Back!

Since our last edition in February, a lot has happened. COVID has taken so much of our time and attention over the last few months and now we are ready to bring this valuable resource back to you. Unfortunately, the Opioid Epidemic and the impacts of Substance Use Disorder have not improved and our efforts are as important as ever.



The Rx Safe Humboldt Coalition and the Humboldt Community Health Trust has continued to meet throughout the last 6 months and has made steady progress in the continued efforts to bend the Unintentional Overdose curve. This month's newsletter is focused on letting you know what we have been up to.



2020 Humboldt County Opioid Safety Summit Series

Despite having to cancel the in-person event earlier this year, the planning committee has continued to meet.

We are very excited to bring to you the Virtual Summit Series the week of October 19th. We have a fantastic line up of presentations and breakout sessions. Sessions Include

- Wisdom from lived experience
- Understanding addiction and harm reduction
- Treating pain safely
- Empathy training
- A better future: Realistic steps we can all take

The North Coast Health Improvement and Information Network Announces the Launch of the North Coast Resource Hub

The North Coast Health Improvement and Information Network (NCHIIN) is pleased to announce the launch of the [North Coast Resource Hub](#).



The North Coast Resource Hub is an interactive, mobile-friendly resource guide that includes Humboldt, Del Norte, and Curry County based services... [Read More](#)



National Prescription Drug Take Back Day is October 24th

The National Prescription Drug Take Back Day is October 24th but did you know that you can dispose of any unused prescription medication any day. That's right, across Humboldt County there are several places where anyone can safely dispose of unwanted medications.

To find a medication disposal bin near you, search [here](#) or print this [flyer](#) as a reference.

Additional information about the National Prescription Drug Take Back Day can be found [here](#) or you can test your knowledge on proper drug disposal by taking this [quiz](#).

The Humboldt Community Health Trust Announces Funding Support for Local Initiatives



The Humboldt Community Health Trust (HCHT), Humboldt County's Accountable Community for Health, is pleased to announce funding support for initiatives that provide prevention, support, or stabilizing services for individuals and families facing substance use disorder. Through mini-grant awards and targeted investment, the HCHT has provided support for the following:

- Affordable Homeless Housing Alternative- Support for Personal Protective Equipment for Mobile Shower Van Volunteers
- Redwoods Rural Health Center- Transportation Support for Individuals with Medication Assisted Treatment Appointments
- Southern Humboldt Family Resource Center—Grocery and Transportation Support for Center Clients
- School Based Health Center "Boys to Men Group"- Mentoring and support for middle and high school male students

The Opioid Crisis Hasn't Gone Away

**NIDA Director
Dr. Nora Volkow on Addiction
Epidemic Amid COVID-19**



'The Drug Became His Friend': Pandemic Drives Hike in Opioid Deaths

In the months since the pandemic took hold in the U.S., the opioid epidemic has taken a sharp turn for the worse. More than 40 states have seen evidence of increases in overdoses.

[Read The New York Times Article here](#)

The Priority Care Center Addiction Services are now open.

The Priority Care Center is now offering Medical and Behavioral treatment services for addiction. Treatment for addictions can include the use of medications in combination with counseling.

Services offered include treatment for alcohol use disorder, opioid use disorder, stimulant use disorder, tobacco cessation, cannabis use disorder and benzodiazepine use disorder.

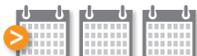
The Priority Care Center offers addiction services for patients over the age of 16 with the following health insurance plans:

- Anthem PPO & HMO
- Blue Shield HMO
- Blue Lake Rancheria

For more information contact Jane Brown at 707.267.9604 or [click here](#) for referral information. Patients can self-refer as well.

More than 1 in 10 
American adults experience chronic pain

»» Chronic pain is defined as pain that lasts >3 months



One on One Provider Training

Our team of opioid and chronic pain trainers have been making the rounds all over Humboldt County to support providers. Our curriculum spans topics such as: Informed consent, Assessments, Prescription Drug Monitoring Program (CURES), Naloxone, and Opioid Use Disorder Management. We are available

to meet one-on-one or in a group setting like an all-staff meeting. We tailor our discussion to

fit the time you have available, from 15 minutes to 1 hour, we are willing to meet you where you are at.

If you or someone you know is interested in talking with our team of academic detailers, please contact Dr. Mary Meengs by [email](#).

Rx Safe Humboldt and the **Humboldt Community Health Trust** are teaming up to bring you the most up to date news and information regarding Opioids and other Substance Abuse issues. This comprehensive newsletter will also highlight some of the work that both of these groups are doing across Humboldt County and the North Coast.

If you would like to submit information for this newsletter or have questions about the Humboldt Community Health Trust or Rx Safe Humboldt please contact Rosemary DenOuden at rdenouden@humboldtipa.com or Jessica Osborne-Stafsnes at josborne@nchiin.org

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