



December 30, 2020

Issue 20

Valuable Resources

[Humboldt Healthcast Podcast](#)

[Medication Disposal Locations](#)

[Humboldt County Treatment Options](#)

[Where to get Naloxone](#)

[North Coast Resource Hub](#)

Upcoming Events

5th Annual (Virtual) Service Provider Roundtable-Session 1

Wednesday January 6, 2021
at Noon

[Register Here](#)

Rx Safe Humboldt Coalition Meeting

Friday January 22, 2021
at 8:30am

[Zoom meeting Link](#)

As we approach the end of a very challenging year, Rx Safe Humboldt and The Humboldt Community Health Trust are looking forward to 2021, with optimism and hope. We want to thank all of you that have continued the work to support initiatives that prevent overdose and adverse outcomes from opioids and other substances. It is because of you that we have continued hope.



As the plan for COVID-19 vaccination is starting to be rolled out, we look forward to the time when we can all come together in person. Until then, please continue to do your part to stop the spread.

Humboldt Healthcast

Be a part of the good...



A Program of the [Humboldt IPA](#)

2020 Humboldt County Opioid Safety Summit Recording on the [Humboldt Healthcast podcast](#).

Humboldt Healthcast is bringing Season One to a close, with a compilation of recordings from the first and last day of the Opioid Summit. This [episode](#) has given us the opportunity to showcase some fantastic programs, people and initiatives happening in Humboldt County, and we felt that sharing some of the insights from the summit was a great season finale.

We hope that you enjoy this [episode](#) and all the episodes from Season One. We will be taking a break over the holidays and will be launching Season Two in January.

All recordings from each day of the Summit can be found on the [Rx Safe Humboldt website](#) and the [Rx Safe Humboldt YouTube channel](#) and all Humboldt Healthcast episodes can be found on the Humboldt IPA website or your favorite podcast listening platform.

January 22, 2021
Rx Safe Humboldt Coalition Meeting



The Coalition will be meeting on January 22, 2021 at 8:30am. At this meeting a team from Med-Project will be sharing with us some exciting updates regarding medication disposal.

Med-Project is directly involved with SB 212, which is the legislation regarding producer responsibility and medication and sharps disposal. Med-Project will be discussing how Humboldt County can transition our current medication disposal bins to Med-Project bins, which will ensure the long term sustainability of medication disposal in Humboldt County.

We encourage anyone who is currently involved with medication disposal or is interested in learning more about this program, to join the January 22 Coalition meeting.

[Med-Project video](#)



The North Coast Health Improvement and Information Network Announces the Launch of the North Coast Resource Hub

The North Coast Health Improvement and Information Network (NCHIIIN) is pleased to announce the launch of the [North Coast Resource Hub](#).

The North Coast Health Improvement and Information Network has partnered with the Rx Safe Humboldt Coalition to add [The Alternative Pain Management Resource Guide](#) to the North Coast Resource Hub. The North Coast Resource Hub has added additional functionality to the Alternative Pain Management Resource Guide that you will most certainly find extremely useful. The Coalition will continue to periodically produce a hard copy guide for distribution. If you are interested in receiving hard copy booklets please contact the Coalition for information.

As COVID-19 surges, AMA sounds alarm on nation's overdose epidemic



The U.S. is seeing its worst COVID-19 surge of the year. Yet as the number of new cases, hospitalizations and deaths all rise, the country continues to deal with a concurrent epidemic affecting Americans: A drug overdose epidemic driven by illicit fentanyl, methamphetamine and cocaine...[Read more](#)



New Naloxone Data workgroup coming in January

The Humboldt Community Health Trust (HCHT), Humboldt County's Accountable Community for Health, is teaming up with Rx Safe Humboldt to launch a new workgroup in January focused on developing a centralized standard way to collect Humboldt County data on naloxone distribution and reported reversals.

If you are interested in joining this workgroup please contact Jessica Osborne-Stafsnes at josborne@humboldtipa.com

The Priority Care Center Addiction Services are now open.

The Priority Care Center is now offering Medical and Behavioral treatment services for addiction. Treatment for addictions can include the use of medications in combination with counseling.

Services offered include treatment for alcohol use disorder, opioid use disorder, stimulant use disorder, tobacco cessation, cannabis use disorder and benzodiazepine use disorder.

The Priority Care Center offers addiction services for patients over the age of 16 with the following health insurance plans:

- Anthem PPO & HMO
- Blue Shield HMO
- Blue Lake Rancheria

For more information contact Jane Brown at 707.267.9604 or click [here](#) for referral information. Patients can self-refer as well.

More than 1 in 10 
American adults experience chronic pain

>> Chronic pain is defined as pain that lasts >3 months



One on One Provider Training

Our team of opioid and chronic pain trainers have been making the rounds all over Humboldt County to support providers. Our curriculum spans topics such as: Informed consent, Assessments, Prescription Drug Monitoring Program (CURES), Naloxone, and Opioid Use Disorder Management. We are available

to meet one-on-one or in a group setting like an all-staff meeting. We tailor our discussion to fit the time you have available, from 15 minutes to 1 hour, we are willing to meet you where you are at.

If you or someone you know is interested in talking with our team of academic detailers, please contact Dr. Mary Meengs by [email](#).

Rx Safe Humboldt and the **Humboldt Community Health Trust** are teaming up to bring you the most up to date news and information regarding Opioids and other Substance Abuse issues. This comprehensive newsletter will also highlight some of the work that both of these groups are doing across Humboldt County and the North Coast.

If you would like to submit information for this newsletter or have questions about the Humboldt Community Health Trust or Rx Safe Humboldt please contact Rosemary DenOuden at rdenouden@humboldtupa.com or Jessica Osborne-Stafsnes at josborne@nchiin.org

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