

Christina Lasich, M.D.

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Brief Bio:

After residency in physical medicine and rehabilitation, Dr. Christina Lasich, a graduate of the University California at Davis School of Medicine, returned to her hometown of Grass Valley, California. She held a private practice in both pain and addiction medicine for 15 years and is now employed by Western Sierra Medical Clinic as the Chief Medical Officer. She also worked as the Medical Director for Community Recovery Resources (now Granite Wellness) from 2013 to 2018. In addition to clinical work, Dr. Lasich has years of experience as a professional writer for Remedy Health Media and has a book titled, *High Heels to Hormones: A woman's guide to spine care*. In her leisure time, she enjoys the company of dogs, the sports of fly fishing and upland game hunting, and long drives in the countryside.