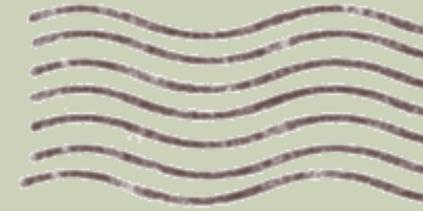


*A Postcard from the Field...*

# **WIC & Substance Use Screening**



**R SAFE  
X HUMBOLDT**  
*Safer Care and Better Outcomes*

October 2020

Dear Colleagues,

**WIC's purpose is to provide**

- **Supplemental foods**
- **Nutrition and health education**
- **Breastfeeding support and promotion.**

In addition to these services, **WIC pregnancy certifications also have a substance use screening component.**

WIC supports participants by normalizing referrals and highlighting local resources available to participants.

WIC aims to remove the stigma surrounding substance use disorder by providing referrals not just for the participant, but the participant's family and community.

*Sincerely,*  
*Humboldt County WIC*  
*(707) 445-6255*



## ***What We're Hearing:***

**"I had no idea how big a resource this would be for me! The women here are so caring, loving and knowledgeable. This is a gem for our community. Don't be afraid to ask them for help, they are a wealth of knowledge."**

***Local WIC Participant***